



Brother Benno's Newsletter

“Uplifting The Dignity of Those We Serve”

Volunteers Making a Difference

June 2019



Join us on the links to support the mission of Brother Benno!

Brother Benno's Auxiliary Inaugural Golf Tournament on Friday, September 27th, will be held at the Memorial Golf Course at Marine Corps Base Camp Pendleton!

Registration includes lunch, golf, VIP bag drop off and cart.

Early Bird, NOW thru July 1 - \$150; After July 1 - \$175

Yardsticks and Mulligans available for purchase; Silent Auction will be held.

Email auxiliary@brotherbenno.org for a registration form. Space is limited.

All confirmed golfers will be provided separate directions to the Golf Course and instructions for base entry.

Tournament starts at 10:00 AM with a shotgun start and will be played with best ball format at each ensuing 18 holes. Tournament play will conclude at 3:00 P.M. with an awards ceremony.

A variety of **Sponsorship Opportunities and Levels, including sponsoring a Military Member**, are available for businesses, organizations and individuals.

Contact Nita Rodriguez via email at auxiliary@brotherbenno.org for more information.

(THE UNITED STATES MARINE CORPS, MARINE CORPS INSTALLATIONS WEST-MARINE CORPS BASE CAMP PENDLETON, AND MARINE CORPS COMMUNITY SERVICES DO NOT SUPPORT OR ENDORSE THIS EVENT)

MACY'S MANAGEMENT TEAM JOINS HANDS WITH BROTHER BENNO'S

Macy's in Carlsbad chose Brother Benno's to benefit from their "Customer Round Up" event March 15 to 31, in which shoppers can round up their purchase price to the nearest dollar in order to donate to a good cause. **Helen Parsons** and **Ron Lamb** from Brother Benno's spoke to the entire Macy's staff before the event, then they—along with **Adam Croft**—spent several days at the store talking with customers and sharing information about the services we offer to the poor and homeless.

The grand total raised at the register was \$3,351, plus another \$1,176 donated by Macy's staff members.

As so often happens when businesses get involved with Brother Benno's in this way, the employees want to have a hands-on experience at the Center and/or Thrift Shop as well, and Macy's was no exception. The management team came to the Center one morning for our "immersion experience," where they got a tour of the Center with our staff member **Dennis Pinnick**, then joined Guests for the meal. Three different groups of employees also volunteered at the Brother Benno Thrift Shop.

Brenda Gilmore, Sales Supervisor at Macy's and contact person with Brother Benno's, had this to say about the group's experience: "We wanted to say how we appreciate you and all you do. We had a wonderful morning with you all, interacting with the Guests; and (we) loved seeing what great work is being done in our community. We did leave with a warm feeling in our hearts, Dennis! Our staff at the store are very excited to be fundraising for your organization. Many thanks."



Brenda Gilmore, Helen Parsons, Ron Lamb, James Sotelo



Elena Sosa



Brenda Gilmore, Veronica Oliviera, Dennis Pinnick, Brandon Fritz, Holli Littell, Jola Stelegowska

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Please consider contributing to the Brother Benno Foundation by way of your Will, Living Trust, Designated Beneficiary Account, Stocks, Life Insurance, Mutual Funds, or Real Estate. For more information, contact Suzy Martinek, 760-439-1244, ext. 116 or smartinek@miracosta.edu

FINDING A MEANINGFUL LIFE

by Frank Doherty

Volunteering at Brother Benno's enables many of us to live a meaningful life. We experience people who radiate joy, who know why they were put on earth, who are there simply to give of themselves. Their smiles say it all regarding the love and kindness in their hearts. Many of our volunteers say their lives have been transformed and that they have found true meaning and joy through serving the poor. That sentiment is not reserved just for people in their golden years, but for the younger generation as well.

Many people find, as they progress in their lives, that they want to experience more meaning. They have achieved a certain degree of happiness but not fulfillment. A recently published book by David Brooks, *The Second Mountain, the Quest for a Moral Life*, addresses the differences between happiness and joy. He says the mainstream culture seems to focus on achieving happiness through goals such as getting an education, having a good job, being well thought of by others, being able to buy a home, having a nice family and good friends, etc. This life is about building up the ego and defining the self. But at some point, many of us wonder if that's all there is. Is this all God is asking me to do? We sense there may be a deeper journey we can take.

Happiness is a goal we often strive for, but it's really the joy of service that moves us from self-centeredness to selflessness. I often lead the tour of the Brother Benno Center on the first Saturday of the month, and I discover that many of the men and women on the tour are searching for ways they can serve others in order to find more meaning in their lives.

After we have the things our culture tells us to want, we learn that selflessness applies to more precious aspects of life such as our family, vocation, faith or philosophy, and community. It involves letting go of ego, loving and serving others, devoting one's life to the less fortunate.

David Brooks says that people who embark on a meaningful life live for others, not themselves. They are not perfect. This way of living is not necessarily easy, but it is a life that is aligned with some

ultimate good, a life God has intended us to lead and is more rewarding.

My experience with many people who serve at Brother Benno's is that they seem to glow with an inner light. They surrender to a life of commitment. Our staff, volunteers, auxiliary, and donors have the opportunity to touch people at their depths and leave a permanent mark. They not only serve the poor but can sometimes save lives that would otherwise be lost. We are a family.

We invite you to experience the joy our volunteers feel by joining us in the midst of the poor where you can experience the love that is there. Our tours are held on the first Saturday of the month at 9 a.m. at the Brother Center, 3260 Production Avenue in Oceanside. No reservation is needed; just come.

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Your donation enables us to do all the wonderful things we do

My enclosed tax-deductible gift is: \$ _____
(make payable to: Brother Benno Foundation)

In memory of: _____

Please send a card to:

(name) _____

(address) _____

For a special occasion (birthday, anniversary, etc.): _____

Send a card to: (name) _____

(address) _____

Or, donate online at <http://brotherbenno.org>

BROTHER BENNO'S AWARDS SIX SCHOLARSHIPS

by Jim O'Connell

The Brother Benno Scholarship Committee has awarded six \$1,500 scholarships to local high school seniors. In March, applications were sent to 14 high schools in Carlsbad, Oceanside, and Vista, to Mira Costa College's high school diploma program, and to Vista's adult education program.

Our aim is to help those students who have been affected by homelessness, poverty, or alcohol and drug abuse in their families to continue their education at a two-year or four-year college or a California-accredited vocational, trade, or technical school. Our hope is that education will help these students rise above their past circumstances and become happy and productive individuals with a positive outlook for them and their families.

We also consider for scholarships those students who have devoted many hours volunteering to help the poor and homeless. These individual display a sense of humanity which we feel will continue through their adulthood and will continue to help those in need in their communities.

This year's recipients include a young woman whose alcoholic, emotionally abusive father abandoned his family. She hopes to pursue a medical career so she can help people, and she is currently volunteering at a local hospital. Another recipient's father has been incarcerated for most of her life, and her goal is to be a civil rights attorney advocate for the homeless and seek social justice for all people.

The other scholarship recipients have similar stories and in every instance have fought

back by concentrating on their school work and hoping to attend college to become a person who will make their family and community proud.

We hope the Brother Benno Scholarship will help them on their journey!

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LOVE'S MIRACLE

One of our Recovery Program mentors said something that sort of sums up the heart and soul of Brother Benno's: "I tell our Program Members, 'We are going to love you until you can love yourself.'"

Often those who are in the grips of an addiction have such a loathing for themselves that they don't believe anyone could ever love them again. Having been there themselves, the mentors know that experiencing love from someone else can eventually bring another person to the point where self-love is again possible. And this truism doesn't relate only to addicts; our homeless Guests can, and often do, experience the same life-changing miracle.

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Brother Benno Foundation
Recovery Program for Men and Women
 760 439 1244 ext. 101
 Changing people's lives through the 12 Steps
 of Alcoholics Anonymous.

Information & Online donations:
brotherbenno.org
Follow Brother Bennos online:
 [Facebook.com/BrotherBennos](https://www.facebook.com/BrotherBennos)

Soup...Soap...Hugs...Hope:

The Story of Brother Benno's Life-Changing Soup Kitchen

This book is offered as a gift to donors who contribute whatever their budget allows...The important thing... is that you have one...

Name _____
 Address _____
 City, State, Zip Code _____

Donation \$ _____
 Number of copies _____

Memorials

Ron Alexander	Bob Gleason	Catherine L. Quinlan	Duane Garvey
Dixie & Lou Bales	Chance Hales	Dora Ramirez	Dorothy Barnell
Frank Barnet	Tom Hayward	Dick & Terry Riley	Robert Buchach
Brother Benno	Elizabeth Holms	Margaret Rossini	Grace Hutter
Edith Blaiser	Alice Jordan	Ann Sauer	Anna Covus
Andrea Boersma	Ben Kouns	Mary Shankle	Frank Beeson
Roland Bond	Richard Kurtz	Naomi Shelton	Edward Smith
Bill Boster	Carole Kutler	Bernice, Samuel & Milton Silver	Mary Kennedy
Agnus & Joan Boyd	Harold & Kay Kutler	Will Skinner	Donald Deffenbaugh
Bill Buckner	Bill & Louise Lakoff	Ann Grier Smith	Floyd Atkinson
Deacon Art & Mary Carr	Ben E. Lewis	Alva & Frances Snider	Bill Severy
Anna Correia	Helen Lucas	Squirrell Family	Toni Keane
Don & Dorothea Daybell	Bill & Joan Maloney	Mike Stendahl	Manuel Mancillas, Jr.
Phyllis H. Dierlam	Helene McGill	Margaret Stephan	Donna & Gilbert Brown
Frank S. Dolley	Michael & Monty Nares	Virginia Sylwestrzak	Caroline Dusak
Anita H. Donahue	Zeferino & Dancy Nares	Harold Thompson	David Lorbat
Dorothy M. Donahue	Mary Nordstrom	Carol & Herb Thornberg	John Ciganko
Fr. Luke Dougherty	Nysewander Family	Rosemary Tucker	Happy 50th Birthday
Roseanne Dreibelbis	Bud & Blanche Ogle	Walter Ulloa	Frances
Fr. Abbot Claude Ehringer, OSB	Ben Osgrove	June Williams	
Myron Eichen	Kathryn D. Pent	Fred Williamson	
Richard Farhquar	Mary Peterson	Patricia Sherwin	
William & Vennita Flanagan	Jane Pfau	Molly Wilbur	
Louise Foussat	Ruth Hazel Pierson	Peggy Miville	
Joe & Ida Friend	Alan Port	Bernie Weiler	
Mary Gerrity	Mary Pullman		

Needs

Gently used furniture

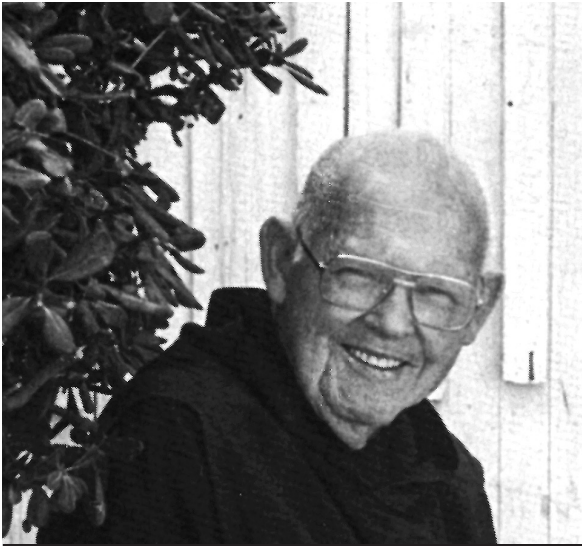
P-38 can openers

Adult diapers (small, medium, large)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
June 2019						1 St. Thomas More
Monthly	3 St. Elizabeth Seton #1	4 St. John The Evangelist	5 Brother Benno's Auxiliary	6 Oceanside Pacific Kiwanis	7 San Luis Rey Mission	8 San Rafael
Serving	10 North Coast Methodist	11 Riverview Church	12 Fairwinds	13 Oceanside Civitans	14 St. Patrick's	15 Girlfriend's Care
Team	17 Sunrise Kiwanis of Vista	18 Christ the King Lutheran	19 Brother Benno's Auxiliary	20 Rotary Club of Carlsbad	21 St. Elizabeth Seton #2	22 Catholic Daughters
Schedule	24 St. Thomas More RCIA	25 Vista Hi-Noon Rotary	26 San Luis Rey Methodist	27 Pilgrim Creek	28 Sonrise Christian Fellowship	29 Shilo Church of God in Christ

Brother Benno Foundation, Inc.
P.O. Box 308, Oceanside, CA 92049

Non-Profit Organization
U.S. POSTAGE
PAID
 Oceanside, California
PERMIT NO. 166



Brother Benno's Thrift Shop

(Helping the poor, one sale at a time)

Clothing, Household Goods, Furniture

Shop open Tue-Fri 10 a.m. to 6 p.m. Sat 10 a.m. to 5 p.m.

We welcome your saleable furniture items. Please call 760-967-7507 for free pick up

Stop by to check out our Daily Specials!!

3955 Mission Ave. (East of Albertsons) 760-967-7505

Please use the enclosed envelope to make your tax-deductible donation to the Brother Benno Foundation. If you are viewing this online you can donate by going to brotherbenno.org and click on Donations. This will allow you to make a secure donation using PayPal or a Credit Card.

Your donation is used each month at our main center and eight operational houses to provide: meals, clothing, personal hygiene items, blankets, showers, laundry facilities, bus vouchers, nights of lodging, medical and mental health referrals, prescriptions, ID replacement, mail services, Social Security, and veterans' issues, food packs, men and women's drug and alcohol recovery program, rent and utility assistance when funds are available. We thank you for your continued support. 100% of your contribution goes directly to assist those we serve. Our modest administration costs are paid for by our Thrift Store revenues.

www.brotherbenno.org



Brother Benno's Services:

	April 2019	Our 35th Year		April 2019	Our 35th Year
Meals	13,148	4,356,287	Loads of laundry	33	28,344
Nights of lodging	928	306,686	Food packs	948	344,293
Articles of clothing	4,193	1,375,400	Blankets	68	46,757
Showers	1,131	259,988	Tarps	107	4,864
Haircuts	42	22,761	ID Vouchers	36	9,509
Bus passes	112	84,559	HUGS	1,800	989,644